



Peter Wells with 1998 World Youth Laser Champion Jo Dikkenberg.

Picture: KEVIN HUDSON

Seven cap size fits Wells

COLLAROY mountaineer Peter Wells is used to being cold, wet and windblown - but not on the upturned hull of a small boat.

Mr Wells climbed Mount Cho Oyu in the Himalayas in 2005.

After conquering the world's 6th highest mountain he tackled a new challenge at sea level.

The nautical expedition was Wells' second shoot as a reporter for the Seven

travel show *Sydney Weekender* and a promotion for tomorrow's Try Sailing Day. He's being tipped as the show's "adventure man".

"I'm pretty excited about it," he said of his new TV role.

Try Sailing Day is an annual event organised by the Sailing Industry Association to encourage people to try the sport.

"It's really hands-on -

you jump in the boat, push it off the shore and go for your life," Wells said.

"Even for someone who hasn't sailed before, within 15 minutes you can be scooting across the water."

Manly Yacht Club, Narrabeen Lakes Sailing Club and Royal Prince Alfred Yacht Club are all taking part in the event from 10am-4pm.

For more information log on to www.bia.org.au.

Pete Wells

SW: You're a bit of an adventure man, where do you go...

...to get your adrenaline pumping?

PW: The surf, especially when there is some size to it. The biggest waves I've surfed I was with my mate, Dave and my brother, I'll never forget it. All your senses are on full alert because it is so damn scary!

...to be at one with nature?

PW: Out on my surf ski in the ocean, going for a paddle. When it's still calm and you're right out the back or even a couple of kilometres out, it's so quiet and when it's rough and windy, it's a lot of fun. Whatever the conditions you always see a lot of fish.

...to completely relax?

PW: Off the shore on a surfboard or a surf ski followed by a coffee near the beach.

...to hang with some mates?

PW: Amongst the waves or down the pub. The Sands at Narrabeen or Shellharbour Pub are normally the go. Gloria Jeans gets a run too!

SW: What's the most challenging adventure you've had?

PW: My brother and I paddled from Sydney to Shellharbour one day - that was hard! Took us 9½ hours and on our last wave to the beach, in the dark, we fell out of the ski and nearly broke our legs.

SW: Brekky, lunch or dinner?
Where?

PW: Anywhere with a relaxed feel to it. I love brekky at Deli on Waterloo at Narrabeen. Especially because Alex doesn't mind you turning up still wet from the surf and sand on your feet.

**Catch Pete Wells on
Sydney Weekender,
Saturdays at
5.30pm on Seven**

